

How to Pray: The Rosary

"The Rosary is a prayer that always accompanies me; it is also the prayer of the ordinary people and the saints ... it is a prayer from my heart."

POPE FRANCIS

The Rosary is a meditative prayer comprised of five decades. In this devotion, we walk with Mary and Jesus through the Joyful, Sorrowful, Luminous, and Glorious Mysteries of Christ's life to meditate on God's love for us.

The Church traditionally prays certain mysteries on certain days of the week, as follows:

MON	TUES	WED	THURS	FRI	SAT	SUN
Joyful	Sorrowful	Glorious	Luminous	Sorrowful	Joyful	Glorious

STEPS TO PRAYER USING ROSARY BEADS

1. On the crucifix - Pray the Apostles' Creed
2. On the first bead - Say an Our Father
3. Next three beads - Say a Hail Mary
4. Pray a Glory Be
5. Pray the first decade
 - 5a. Announce the mystery
 - 5b. Large bead - Pray an Our Father
 - 5c. 10 small beads - Say 10 Hail Marys
 - 5d. After each decade - Say a Glory Be
 - 5e. Pray the Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.
6. Repeat this pattern for the remaining decades
7. After the 5 decades, conclude with "Hail, Holy Queen."
8. Close with prayer and the Sign of the Cross.

Meditate with the Fourth Mystery

Meditate with the Third Mystery

Meditate with the Second Mystery

Meditate with the Fifth Mystery

5d - 5e

5c

5a - 5b
Meditate with the First Mystery

4

3

2

1

